

Getting Treatment



Need help getting treatment?

If you think a friend or family member has a problem with drugs, talk to an adult you trust, like a parent, coach or teacher. Remember, treatment is available and people can get better.

You can find treatment programs through this Web site **www.findtreatment.samhsa.gov** provided by the **Substance Abuse and Mental Health Services Administration** (SAMHSA).

Or call the SAMHSA Treatment Referral hotline at **1-800-662-HELP**. Treatment can help you, a friend, or someone you love get back to the person they once were.







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needed.

Withdrawal Symptoms

Symptoms are similar in type and severity to those of nicotine withdrawal—irritability, sleeping difficulties, anxiety, and craving—peaking a few days after regular marijuana use has stopped.

Visit www.drugabuse.gov for additional information on drugs and drug use.





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Name _____ Date _____ Need help getting treatment? List places/websites to go for help **PREVIEW** Please Sign In or Sign Up to download the printable version of this worksheet