

Name

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## What are Hallucinogens?

**Hallucinogens** are a diverse group of drugs that **alter perception** (awareness of surrounding objects and conditions), thoughts, and feelings. They cause **hallucinations**, or sensations and images that seem real though they are not. Hallucinogens can be found in some plants and mushrooms, or can be human-made.

People have used hallucinogens for centuries, mostly for religious rituals.

## Common hallucinogens include the following:

- DMT is a powerful mind-altering chemical found in some Amazonian plants. It can be used to make a tea (Ayahuasca).
- D-lysergic acid diethylamide (LSD) is a powerful mood-changing chemical.
- Peyote is a small, spineless cactus with mescaline as its main ingredient.
- Psilocybin comes from certain types of mushrooms found in tropical regions of South America, Mexico and the U.S.

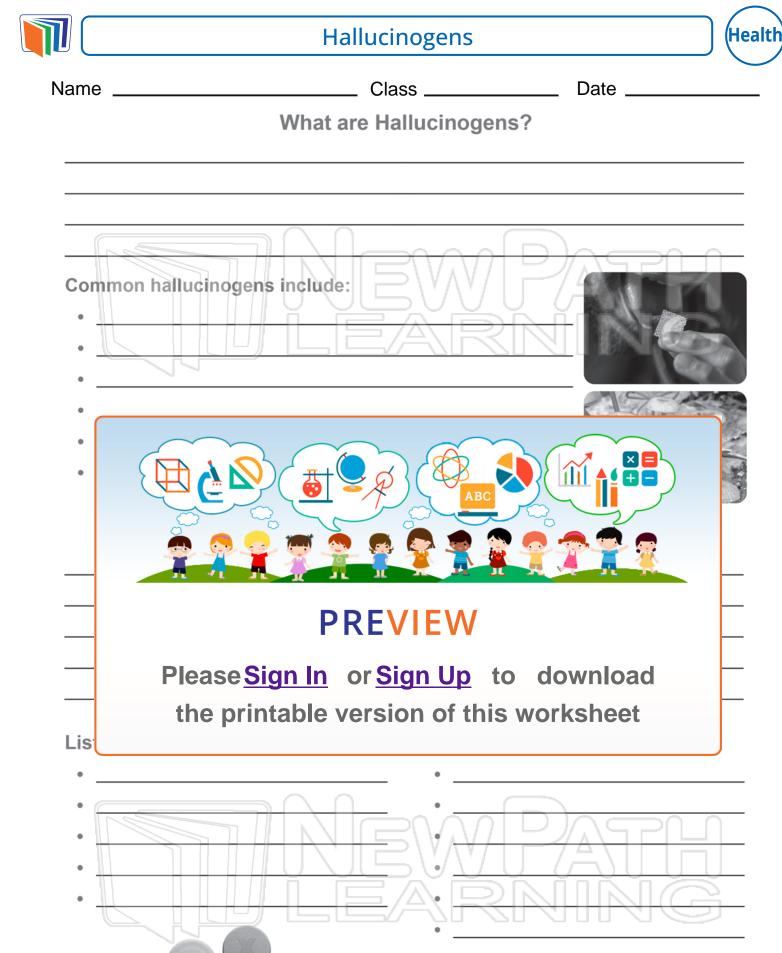
Some hallucinogens also cause users to feel **out of control** or **disconnected** from their body and environment. Common examples include *Dextromethorphan (DXM)*, *Ketamine*, *Phencyclidine (PCP)* and *Salvia divinorum (salvia)*.



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