



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## 10 Things You can do to Manage Your COVID-19 Symptoms at Home

If you have possible or confirmed COVID-19:

**1** Stay home from work, school, and other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



**6** Cover your cough and sneezes.



**2** Monitor your symptoms carefully.



**7** Wash your hands often with soap and



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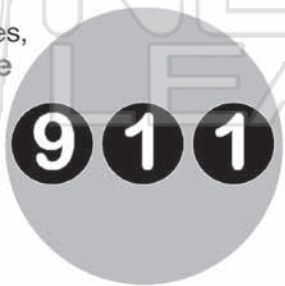
ahead of time and tell them that you have or may have COVID-19.



your household, like dishes, towels and bedding.



**5** For medical emergencies, call 911 and notify the dispatch personnel that you have or may have COVID-19.



**10** Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.

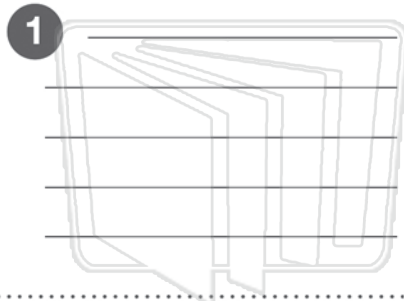




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