



Name _____ Class _____ Date _____

Gear Up!

Soccer is a fun, competitive game and the **most widely-played sport** in the world. It requires a mixture of technical skill, team play, and individual contribution.



Rules of the Game

A **match** is typically **90 minutes** long, made up of 2 halves of 45 minutes each. You win a soccer match by scoring more goals than the opponent scores.

There are **11 total players** (per team) on the field to start the game. There are usually **4 defenders**, **4 midfielders**, **2 strikers**, and **1 goalie**.

Goalies, when in their own penalty area, are the only players on the field who can use their arms or hands. All other players may use any part of their bodies except their hands.



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PREVIEW

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Fun Facts

- Nikolai Kutsenko of the Ukraine juggled a soccer ball for 24 ½ hrs nonstop with his feet, legs and head — the ball never touched the ground!
- Soccer players can run as many as 6 or 7 miles during the course of a game.





Name _____ Class _____ Date _____

Describe Rules of the Game

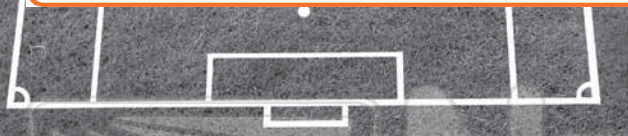


Describe Skills Needed to Play



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Equipment Needed to Play Soccer

