



### 💡 Lesson Plan: Light and Sound

**Grade Level:** 4

**Subject:** Physical Science

**Duration:** 45–60

**NGSS 4-PS3-2:** Make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.

### 🎯 Learning Objectives

By the end of this lesson, students will be able to:

- **Identify** the behaviors of light including reflection, refraction, and absorption.
- **Describe** the properties of sound such as pitch, volume, and frequency.
- **Explain** how the human ear processes sound vibrations.



## PREVIEW

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- Worksheet: Light and Sound Concepts  
(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-4-light-and-sound-2-0.pdf>)
- Worksheet: Light and Sound Quiz  
(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-4-light-and-sound-2-1.pdf>)
- Vocabulary Matching Worksheet 1  
(<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-4-light-and-sound-2-1.pdf>)



- Vocabulary Matching Worksheet 2  
(<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-4-light-and-sound-2-2.pdf>)

### Lesson Procedure

#### Step 1: Introduction (5 minutes)

- Hook students by asking: 'When you look in a mirror, why can you see yourself? What happens to sound when you shout in an empty gym?'
- Show the spectrum image on Page 1 of the Study Guide to introduce light energy.  
(<https://newpathworksheets.com/api/guide/study-guide-science-grade-4-light-and-sound-2.pdf>)

#### Step 2: Direct Instruction (15 minutes)



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(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-4-light-and-sound-2-0.pdf>)

#### Step 5: Assessment (5 minutes)

- Administer the Light and Sound Quiz to evaluate understanding of transparent/opaque materials and sound vibrations.  
(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-4-light-and-sound-2-1.pdf>)



### 💡 Differentiation Strategies

**For advanced learners:**

- Ask students to research how optical fibers (mentioned in the guide) are used in modern technology like the internet.

**For learners needing support:**

- Provide a labeled diagram of the ear for students to reference while completing the vocabulary activity.

### 🧠 Extension Activities

- Create a 'cup telephone' using string and cups to demonstrate how sound travels through solids.



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- Vocabulary 2 PDF (<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-4-light-and-sound-2-2.pdf>)
- Vocabulary 3 PDF (<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-4-light-and-sound-2-3.pdf>)

## LIGHT AND SOUND

### Light!

**Light** is a form of energy that travels in waves.

### Seeing in Color

We can see only the wavelengths and frequencies of the colors in the visible spectrum which include red, orange, yellow, green, blue, and violet. On the visible spectrum, as you move from the right to the colors on the left, wavelength decreases and frequency increases.



## PREVIEW

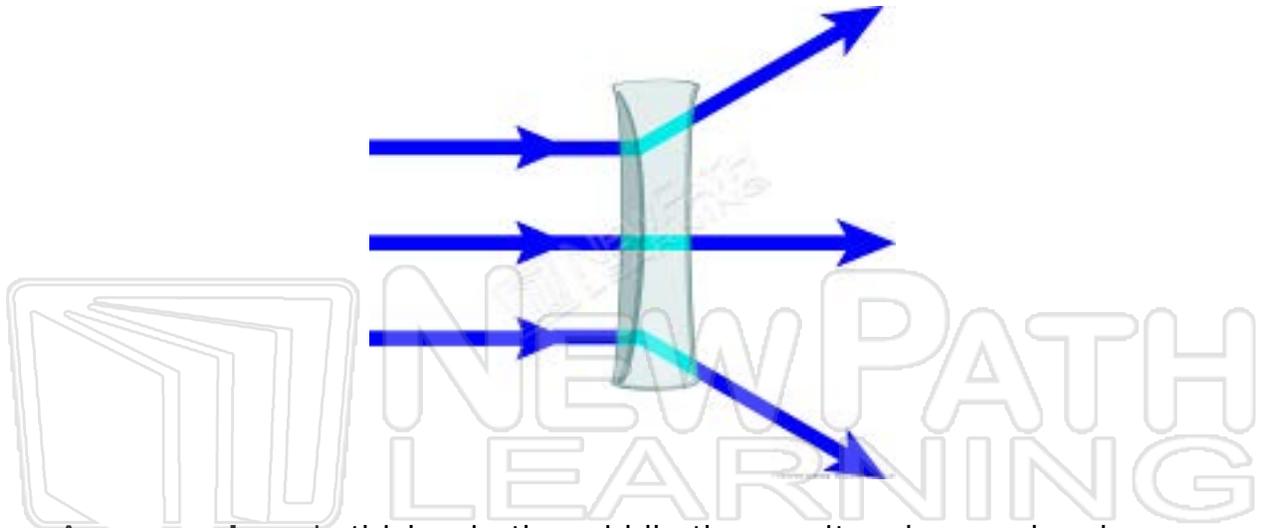
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**Absorption** is when an object takes in light wave.

**Refraction** is when light **bends** moving from one medium to another.

### Different Lenses

A **concave lens** is **thinner in the middle** than on its edges and makes things look **smaller**.



A **convex lens** is thicker in the middle than on its edges and makes things look larger. A magnifying glass contains a convex lens.



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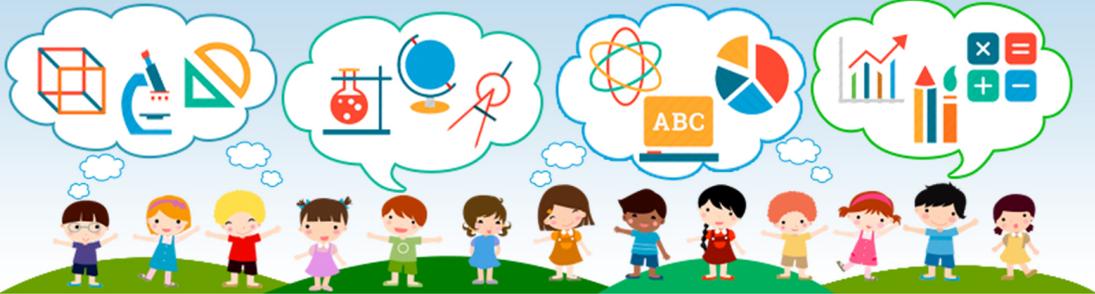
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- A **translucent** material allows light to pass through, **but it's not clear**, like waxed paper.



- An **opaque** material does **not** allow any light to pass through at all, like a brick wall.



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which are bundled together in a flexible tube and have a source of light at the end.



## What is that you hear?

**Sound** is a type of energy that travels in waves that is caused by vibrations. **Vibrations** are movements made rapidly back and forth. Sound needs something in which to travel. Sound can travel through solids, liquids, and gases. Sound travels through solids the fastest.

### How do we hear?

- 👂 Sound is funneled into our inner ear by our outer ear.



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within it to vibrate as well.

- 👂 The vibrations of the **hairs inside the cochlea** of the ear send a signal to the brain, which the brain then interprets as SOUND!

**Lesson Checkpoint:**  
**How do you hear sound?**

## Characteristics of Sound:

The **pitch** is the highness or lowness of a sound.

**Volume** is the **loudness or quietness** of a sound.

**Frequency** is the number of vibrations in a certain amount of time.  
The faster the vibration, the higher the frequency.

A **wavelength** refers to the **distance between** a point on one sound wave and a similar point on another sound wave.

**Is there an echo in here?...Is there an echo in here?**

An **echo** occurs when a sound wave bumps into an object and **bounces back**.

An echo is a **reflected sound**.



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Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

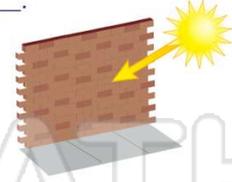
1 \_\_\_\_\_ material, such as wax paper, allows light to pass through, but it's **not clear**.

- A Translucent
- B Opaque
- C Transparent
- D See-through



2 Materials that **do not allow any light to pass through at all**, such as brick, are \_\_\_\_\_.

- A translucent
- B opaque
- C transparent
- D clear



3 What is a **powerful beam of light** that creates a lot of **heat**?

- A flashlight
- B optical fiber
- C laser



4 \_\_\_\_\_ are **extremely thin fibers**, made out of glass or plastic, which are bundled together in a flexible tube and have a **source of light at the end**.

- A Optical fibers



5



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7

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- B be still
- C rub
- D vibrate



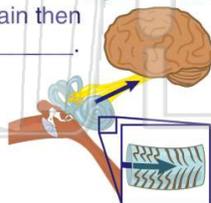
- B ear canal
- C ear wall
- D cochlea



9

The vibrations of the **hairs inside the cochlea** of the ear send a **signal to the brain**, which the brain then interprets as \_\_\_\_\_.

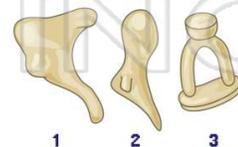
- A sound
- B light
- C heat
- D smell



10

This is a picture of the **three tiny bones** located in your middle ear: the **hammer, stirrup, and anvil**. They get their names because of how they look. **Which bone is labeled #2?**

- A hammer
- B stirrup
- C anvil
- D bucket





Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 \_\_\_\_\_ material, such as wax paper, allows light to pass through, but it's **not clear**.

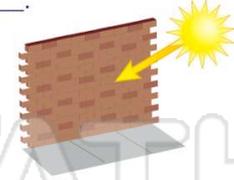
- A Translucent
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- C Transparent
- D See-through



(A)

2 Materials that **do not allow any light to pass through at all**, such as brick, are \_\_\_\_\_.

- A translucent
- B opaque
- C transparent
- D clear



(B)

3 What is a **powerful beam of light** that creates a lot of **heat**?

- A flashlight
- B optical fiber
- C laser



(C)

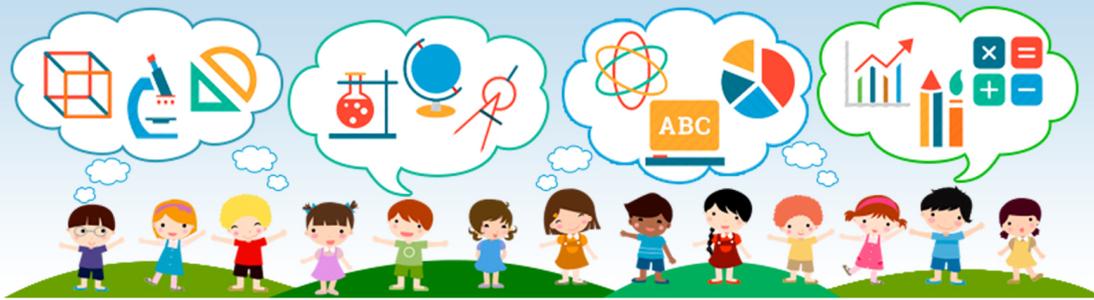
4 \_\_\_\_\_ are **extremely thin fibers**, made out of glass or plastic, which are bundled together in a flexible tube and have a **source of light at the end**.

- A Optical fibers



(A)

5



(C)

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(D)

- B be still
- C rub
- D vibrate



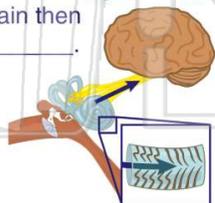
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(A)

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- C anvil
- D bucket



(A)





Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

**Match each of the following terms to its definition:**

Laser

Absorption

Light

Convex lens

Echo

Concave lens

Cochlea

Frequency

**1. light** - a form of energy that travels in waves; brightness that comes from an object such as the sun, a fire, a flashlight, or a lamp



**2. absorption** - in reference to light, when an object takes in light waves



**3. concave lens** - converges light rays that are parallel to the principal axis and well

**4. convex lens** - converges light rays that are parallel to the principal axis and edges

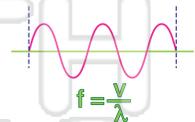
**5. concave mirror** - reflects light rays that are parallel to the principal axis and makes

**6. convex mirror** - reflects light rays that are parallel to the principal axis and reflect

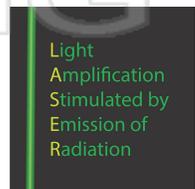
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**7. frequency** - the number of waves (vibrations) in a certain period of time



**8. laser** - a narrow and powerful beam of coherent light of only one wavelength



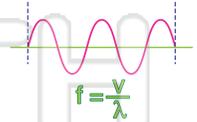


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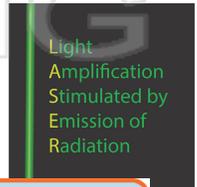
**Match each of the following terms to its definition:**

- |           |       |               |            |
|-----------|-------|---------------|------------|
| Opaque    | Sound | Pitch         | Refraction |
| Frequency | Laser | Optical fiber | Reflection |

1. time - the number of waves (vibrations) in a certain period of



2. wavelength - a narrow and powerful beam of coherent light of only one



3. through

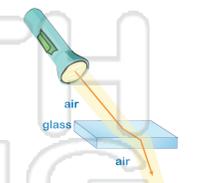


4. for long

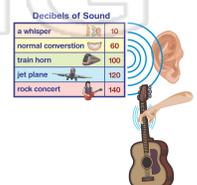
5. **PREVIEW**

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7. - the bending of a wave as it moves at an angle through two different mediums; when light bends moving from one medium to another



8. vibrations - a type of energy that travels in waves caused by



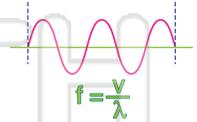


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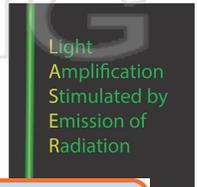
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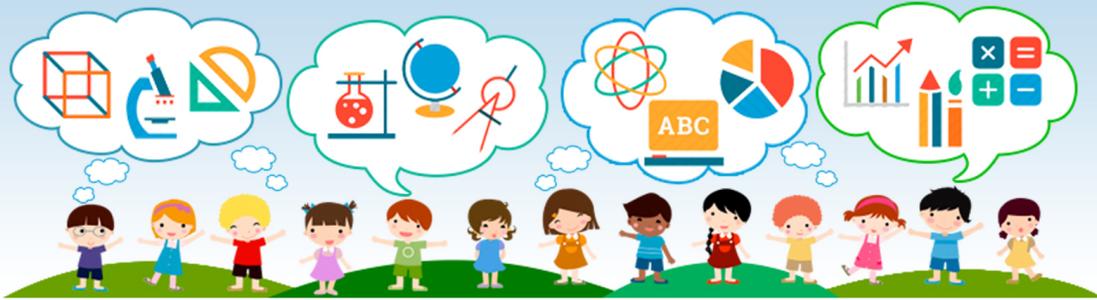
1. **frequency** - the number of waves (vibrations) in a certain period of time



2. **laser** - a narrow and powerful beam of coherent light of only one wavelength



3. **opaque** through



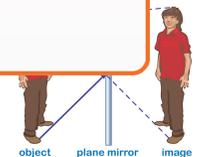
4. **optical fiber**

5. **pitch**

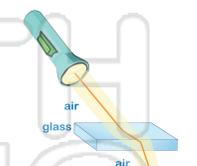
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6. **reflection**



7. **refraction** - the bending of a wave as it moves at an angle through two different mediums; when light bends moving from one medium to another



8. **sound** - a type of energy that travels in waves caused by vibrations

