



## ⚡ Lesson Plan: Energy Resources

**Grade Level:** 5

**Subject:** Science

**Duration:** 45–60

**NGSS 5-ESS3-1:** Obtain and combine information about ways individual communities use science ideas to protect the Earth's resources and environment.

### 🎯 Learning Objectives

By the end of this lesson, students will be able to:

- **Define** renewable and nonrenewable energy resources.
- **Identify** different types of fossil fuels and explain how they are formed.
- **Explain** the advantages and disadvantages of alternative energy resources like solar, wind,



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ocean floor.

### 📁 Materials Needed: (all links are included in this PDF)

- Printed copies of the Study Guide (<https://newpathworksheets.com/api/guide/study-guide-science-grade-5-energy-resources.pdf>)
- Practice Worksheet 0 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-0.pdf>)



- Practice Worksheet 1 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-1.pdf>)
- Practice Worksheet 2 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-2.pdf>)
- Vocabulary Set 1 (<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-5-energy-resources-1.pdf>)

## Lesson Procedure

### Step 1: Introduction (5 minutes)

- Hook students by asking: 'Where does the electricity in our school come from, and what happens if those resources run out?'
- Briefly introduce the concepts of renewable and nonrenewable resources using everyday examples like sunlight and coal.



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placement and the disadvantages of hydroelectricity.

(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-2.pdf>)

### Step 4: Independent Practice (15 minutes)

- Assign students Worksheet 0 to independently test their understanding of general resource types and how fossil fuels are formed.  
(<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-0.pdf>)



- Have early finishers start on Worksheet 1 to review the specifics of natural gas, coal, and wind energy. (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-1.pdf>)

## Step 5: Assessment (10 minutes)

- Review the answers to Worksheet 0 as a class to check for correct understanding.
- Conduct a quick oral quiz asking students to name one renewable and one nonrenewable resource and explain why they chose them.

## 💡 Differentiation Strategies

### For advanced learners:

- Have students research and present a short report on a specific alternative energy source and its viability in their local community



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## 📖 Complete List of Available Resources:

- NewPathWorksheets: Energy Resources (<https://newpathworksheets.com/science/grade-5/energy-resources>)
- Study Guide (<https://newpathworksheets.com/api/guide/study-guide-science-grade-5-energy-resources.pdf>)
- Practice Worksheet 0 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-0.pdf>)



- Practice Worksheet 1 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-1.pdf>)
- Practice Worksheet 2 (<https://newpathworksheets.com/api/worksheet/worksheet-science-grade-5-energy-resources-2.pdf>)
- Vocabulary Set 1 (<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-5-energy-resources-1.pdf>)
- Vocabulary Set 2 (<https://newpathworksheets.com/api/vocabulary/vocabulary-science-grade-5-energy-resources-2.pdf>)



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## ENERGY RESOURCES

A **resource** is a supply of something that will meet someone's need. When we talk about energy resources, we are discussing those materials and events that can produce energy and thus become a resource to humans.

### Two kinds of energy resources: renewable and nonrenewable.

A **renewable resource** is a resource that can be naturally restored or at least replenished as it is needed. So a renewable resource must be produced in a relatively short time, such as solar energy, which can become available as a resource whenever the sunlight shines on the earth.



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layers of earth changed the dead material into oil, natural gas, and coal.

### Crude Oil

Type of resource:

nonrenewable resource

Where it is found:

beneath the Earth's surface and below the ocean floor

What it is used for:

gasoline, diesel fuel, and other fuels

What it is used to make:

plastic, asphalt, grease, wax

## Natural Gas

Type of resource: nonrenewable resource  
Where it is found: in the ground  
What it is used for: cooking, for heat, and in power plants to make electricity  
Interesting fact: Natural gas is flammable, but has no odor, so it's mixed with a chemical that makes it smell like rotten eggs so people can tell if there's a natural gas leak!

## Coal

Type of resource: nonrenewable resource  
Where it is found: beneath the surface of the earth, at different depths  
What it is used for: Power plants burn the coal to create electricity



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Lesson Checkpoint: What is crude oil used for?



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*So with these disadvantages in mind, we need to find alternative choices!*



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## What are some alternative energy resources?

### The power of WIND

We can use WIND to create electricity! A windmill is moved by the wind which then turns a turbine. The turbine runs a generator that makes electricity. The more wind, the more electricity is created.

**Advantage:** no air pollution

**Disadvantage:** wind does not blow all the time (no wind = no electricity)



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**Advantages:** no air pollution and its renewable

**Disadvantages:** sun does not shine all the time (no sun = no electricity), it is expensive, and A LOT of solar panels are needed to create electricity



### The power of the EARTH

**Geothermal energy** is heat from the earth.

(geo = earth and thermal = heat)

A geothermal type heating system has pipes buried beneath the ground and uses the earth's heat to buildings.



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**Biomass** includes material or materials from organisms that was once alive – plants and trees, animal waste, and food waste. Garbage is burned to create electricity.

**Advantages:** helps eliminates garbage (less in landfills) and it's renewable

**Disadvantage:** causes air pollution when burned

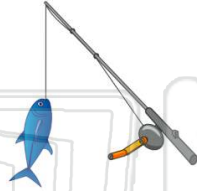
**Lesson Checkpoint:** *What is one energy resource that does NOT create pollution?*



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 Which of the following is a **supply** of something that will **meet someone's need**?

- A requirement
- B demand
- C resource
- D store



2 To **help humans**, many natural resources are **burned** to \_\_\_\_\_.

- A protect the environment
- B grow food
- C produce energy
- D create pollution



3 What type of resource can be **naturally restored** or at least replenished quickly enough as it is needed?

- A extinct resource
- B renewable resource



4 Which of the following is an example of a **renewable resource**?

- A trees
- B coal
- C oil



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- C plants and animals that died long ago
- D rocks and minerals

- B water pressure
- C micro bacteria
- D heat and pressure from being buried

9 What **nonrenewable energy resource** is found **beneath the Earth's surface** and below the ocean floor?

- A coal
- B gas
- C crude oil
- D sodium



10 Which of the following activities can happen because of **crude oil**?

- A People can eat.
- B People can see in the dark.
- C People can drive cars around.
- D People can paint in different colors.

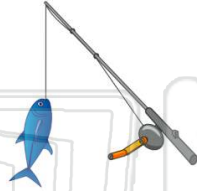




Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 Which of the following is a **supply** of something that will **meet someone's need**?

- A requirement
- B demand
- C resource
- D store



C

2 To **help humans**, many natural resources are **burned** to \_\_\_\_\_.

- A protect the environment
- B grow food
- C produce energy
- D create pollution



C

3 What type of resource can be **naturally restored** or at least replenished quickly enough as it is needed?

- A extinct resource
- B renewable resource



B

4 Which of the following is an example of a **renewable resource**?

- A trees
- B coal
- C oil



A

5



B

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D

- C plants and animals that died long ago
- D rocks and minerals

- B water pressure
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- D heat and pressure from being buried

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What **nonrenewable energy resource** is found **beneath the Earth's surface** and below the ocean floor?

- A coal
- B gas
- C crude oil
- D sodium



C

10

Which of the following activities can happen because of **crude oil**?

- A People can eat.
- B People can see in the dark.
- C People can drive cars around.
- D People can paint in different colors.



C



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 **Natural gas** is a(n) \_\_\_\_\_ energy resource that can be found in the ground.

- A renewable
- B nonrenewable
- C infinite
- D unlimited



2 Natural gas can be **dangerous**, so in order to protect people it is mixed with a chemical to make it **smell of rotten eggs**. This is done because natural gas \_\_\_\_\_.

- A is naturally odorless and flammable
- B has a strong natural smell
- C is odorless, but not flammable
- D has only a faint natural odor



3 \_\_\_\_\_ is a **nonrenewable** resource that can be found in different depths of the Earth and is **burned in power plants to create electricity**.

- A Hydrogen
- B Coal



4 Which is an **advantage** of fossil fuels?

- A easy to store
- B hard to move to different places



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- C They cause pollution.
- D Fossil fuel plants can only be built in deserts.

D All



9 **Wind** can create electricity. A windmill is moved by the wind, which then turns a **turbine**. **What happens next?**

- A the turbine turns a wheel to move water
- B the turbine runs a generator that makes electricity
- C electricity turns the turbine
- D the turbine sends electricity to wires



10 If **more wind** is blowing on a windmill, \_\_\_\_\_.

- A more electricity is created
- B less electricity is created
- C more wind is created
- D no electricity is created





Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 Natural gas is a(n) \_\_\_\_\_ energy resource that can be found in the ground.

- A renewable
- B nonrenewable
- C infinite
- D unlimited



(B)

2 Natural gas can be **dangerous**, so in order to protect people it is mixed with a chemical to make it **smell of rotten eggs**. This is done because natural gas \_\_\_\_\_.

- A is naturally odorless and flammable
- B has a strong natural smell
- C is odorless, but not flammable
- D has only a faint natural odor



(A)

3 \_\_\_\_\_ is a **nonrenewable** resource that can be found in different depths of the Earth and is **burned in power plants to create electricity**.

- A Hydrogen
- B Coal



(B)

4 Which is an **advantage** of fossil fuels?

- A easy to store
- B hard to move to different places



(A)

5



(D)

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(D)

- C They cause pollution.
- D Fossil fuel plants can only be built in deserts.

D All



9

Wind can create electricity. A windmill is moved by the wind, which then turns a turbine. **What happens next?**

- A the turbine turns a wheel to move water
- B the turbine runs a generator that makes electricity
- C electricity turns the turbine
- D the turbine sends electricity to wires



(B)

10

If **more wind** is blowing on a windmill, \_\_\_\_\_.

- A more electricity is created
- B less electricity is created
- C more wind is created
- D no electricity is created




(A)



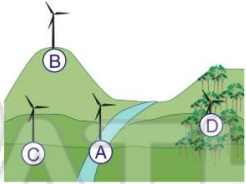
Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

1 Why is it **unreasonable** to **rely totally** on wind energy?




- A because wind does not constantly blow
- B because wind is unlimited
- C because wind also causes storms
- D because windmills are expensive

2 To gather the most wind power, where would be the **best location** for a windmill?




- A location A
- B location B
- C location C
- D location D

3 Electricity produced with the help of **flowing water** is called \_\_\_\_\_.



- A solar power
- B wind power
- C hydroelectricity
- D geothermal

4 What is one **disadvantage** of **hydroelectricity**?



- A raises temperatures of waterways
- B creates water pollution



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- C power
- D disadvantages




- C energy generated by the water cycle
- D energy generated by pumping water into the ground

9 Which of these materials is an example of **biomass** that can be **used to produce heat or energy**?



- A aluminum cans
- B wood
- C glass bottles
- D rocks

10 The following picture is an example of \_\_\_\_\_.




- A heat energy being released as sound energy
- B electrical energy being released as heat energy
- C chemical energy being released as heat energy
- D heat energy being released as chemical energy



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

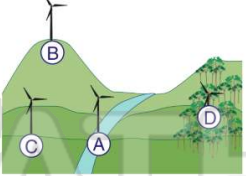
1 Why is it **unreasonable** to **rely totally** on wind energy?



**A** because wind does not constantly blow  
**B** because wind is unlimited  
**C** because wind also causes storms  
**D** because windmills are expensive

(A)

2 To gather the most wind power, where would be the **best location** for a windmill?



**A** location A  
**B** location B  
**C** location C  
**D** location D

(B)


3 Electricity produced with the help of **flowing water** is called \_\_\_\_\_.



**A** solar power  
**B** wind power  
**C** hydroelectricity  
**D** geothermal

(C)

4 What is one **disadvantage** of **hydroelectricity**?



**A** raises temperatures of waterways  
**B** creates water pollution

(D)

5



(A)

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(B)


**C** power  
**D** disadvantages



**C** energy generated by the water cycle  
**D** energy generated by pumping water into the ground

9

Which of these materials is an example of **biomass** that can be **used to produce heat or energy**?




**A** aluminum cans  
**B** wood  
**C** glass bottles  
**D** rocks

(B)

10

The following picture is an example of \_\_\_\_\_.



**A** heat energy being released as sound energy  
**B** electrical energy being released as heat energy  
**C** chemical energy being released as heat energy  
**D** heat energy being released as chemical energy

(C)



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

### Match each of the following terms to its definition:

- |                    |             |                   |                       |
|--------------------|-------------|-------------------|-----------------------|
| Coal               | Natural gas | Geothermal energy | Nonrenewable resource |
| Renewable resource | Biomass     | Crude oil         | Fossil fuel           |

1. \_\_\_\_\_ - a resource that is made out of plants and animals that died long ago; a nonrenewable fossil fuel

2. \_\_\_\_\_ - a fuel source composed of biological material, or materials from organisms that were once alive (for example, plants and trees, animal waste and food waste)

3. \_\_\_\_\_ found

4. \_\_\_\_\_ found

5. \_\_\_\_\_ that are materials found

6. \_\_\_\_\_

7. \_\_\_\_\_ - a natural resource that, once consumed, cannot be renewed in a relatively quick period of time

8. \_\_\_\_\_ - a resource that can be naturally restored, or at least replenished, as quickly as it is needed



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Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

**Match each of the following terms to its definition:**

Coal

Natural gas

Geothermal energy

Nonrenewable resource

Renewable resource

Biomass

Crude oil

Fossil fuel

**1. natural gas** - a resource that is made out of plants and animals that died long ago; a nonrenewable fossil fuel

**2. biomass** - a fuel source composed of biological material, or materials from organisms that were once alive (for example, plants and trees, animal waste and food waste)

**3. coal**  
the Earth

**4. crude oil**  
Earth

**5. fossil fuels**  
from the Earth  
some are used  
million years

**6. geothermal energy**



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**7. nonrenewable resource** - a natural resource that, once consumed, cannot be renewed in a relatively quick period of time

**8. renewable resource** - a resource that can be naturally restored, or at least replenished, as quickly as it is needed

